

WHAT IS CLAIMED IS:

- 1        1.        (Currently amended)    A low-gluten wafer comprising stock mixture  
2        consisting of:  
3        about one part wheat starch  
4        about one part pre-gelatinized wheat starch;  
5        about 50% of a mixture of wheat starch and pre-gelatinized wheat starch  
6        where the wheat starch and the pre-gelatinized wheat starch are  
7        combined to form a first substantially homogenous mixture; and  
8        about two parts of water at , where the water has a temperature of  
9        between about 100 degrees Fahrenheit and about 150 degrees Fahrenheit,  
10        , said water added to said first substantially homogenous mixture to  
11        create a substantially homogenous pre-cooked mixture, where between  
12        about 1/20<sup>th</sup> of a teaspoon to about 1/2 of the pre-cooked mixture is heated  
13        in a cooking environment having a temperature between about 250  
14        degrees Fahrenheit to about 400 degrees Fahrenheit for between about 5  
15        minutes to about 10 minutes.
- 1        2.        Cancelled
- 1        3.        Cancelled
- 1        4.        Cancelled
- 1        5.        (Currently amended)    The low-gluten wafer stock mixture  
2        according to claim 1, where the water has temperature of about 125  
3        degrees Fahrenheit.
- 1        6.        (New)    A low gluten wafer made from the stock mixture in claim 1
- 1        7.        (New)    The low gluten wafer in claim 6 made by the process of:  
2        placing between about 1/20<sup>th</sup> of a teaspoon to about 1/2 of a teaspoon in volume of the stock  
3        mixture on a substrate; heating the substrate/stock mixture in a cooking environment having a

4 temperature between about 250 degrees Fahrenheit to about 400 degrees Fahrenheit for between  
5 about 5 minutes to about 10 minutes; and removing the low gluten wafer from the substrate.

1 8. (New) The low gluten wafer in claim 7 where the low gluten wafer is a communion  
wafer for consumption during Holy Communion at Roman Catholic Mass.

1 9. (New) The communion wafer in claim 8 that satisfies the validity requirements for the  
Euchrist according to Canon 924.2.